

[HEALTHY BAKED OATMEAL RECIPE](#)



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This delicious and healthy version of baked oatmeal can either have mashed bananas or apple sauce which naturally sweeten it. It has the consistency of a

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Baked Oatmeal Recipe with Blueberries Cookie and Kate

Bake for 42 to 45 minutes, until the top is nice and golden. Remove your baked oatmeal from the oven and let it cool for a few minutes. Drizzle the remaining melted butter on the top before serving. I prefer this baked oatmeal served warm, but it is also good at room temperature or chilled (I'll leave that up to you!).

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Healthy Baked Oatmeal Recipe Taste of Home

I made this recipe and ate it two different ways. We had it for dessert with a berry sauce over top of it. I also enjoyed it for breakfast in a bowl with some milk added. Both ways were good! It tastes like oatmeal cookies. I used only 1/2 cup brown sugar and it was still sweet enough for me.

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Simple and Healthy Baked Oatmeal Recipe Budget Bytes

Baked oatmeal is a new way to get your oats. Old-fashioned oats are baked in slightly sweet, custard-like mixture for a dessert-like end product.

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Healthy Baked Oatmeal with Blueberries and Bananas

This easy healthy baked oatmeal is naturally sweetened with bananas, and topped with crunchy pecans and pepitas. A Healthy Breakfast Casserole. Trying to continually come up with healthy breakfasts to feed a family isn't easy! If you're looking to mix up your routine of eggs and cereal, this baked oatmeal is just the ticket.

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